



April - June 2008



Shaolin Times

Shi DeRu Shaolin Institute International

Enlightening and Empowering Individuals by helping them to see their own greatest potential

Mobile. AL

New Orleans. LA

Daphne. AL

Houma. LA

Greetings students and friends. As many of you know, our US Team has returned victorious from their adventure in China. We are very excited to hear about their experiences and to see what they've learned. Be sure to extend your congratulations to your fellow students when you see them. Also, be aware that the Orlando Kung Fu Tournament is coming up soon (It's only 6 weeks away). If you're planning to compete you need to see an instructor to determine what you'll need to practice and how you can audition to be a member of the team!

- The Liu Institute Staff -

~Liu Institute Event Calendar 2008~

- ◆ April 12: Quarterly testing in New Orleans (arrive 9am)
- ◆ April 19: Kids' Day with Andy (Mobile)
- ◆ April 26: World Taiji Day
- ◆ May 23-25: Orlando Competition
- ◆ June 9-15: Shaolin Summer Camp
- ◆ June 28: Quarterly testing in New Orleans (arrive 9am)
- ◆ July 4: Fourth of July Holiday (school closed)
- ◆ September 27: Quarterly testing in New Orleans (arrive 9am)
- ◆ November 6: Great Master, upper Su lower Xi, our Shi Ye's, birthday
- ◆ November: End of the Year Sanshou Tournament
- ◆ November 20-2: Mobile International Festival
- ◆ November 26-28: Thanksgiving Holidays (school closed)
- ◆ December 20: End of Year Testing in Mobile (arrive 9am)
- ◆ December 22-January 2: Christmas Holidays (school closed)

Welcome Olympic Cup Results

From Mobile, AL:

Wael Mohamed

First Place, Male over 90kg division
Sanshou kickboxing

Deforest Dennis

First Place, Teen Shaolin Kung fu

Wolf Melzer

First Place, Men's Yang Style Tai Chi
Second Place, Men's Chen Style Tai Chi

Susan Chan

Second Place, Men's Tai Chi Sword
Second Place, Women's Yang Style Tai Chi

Third Place, Women's Shaolin Kung fu

From Daphne, AL:

Susanne Fogger

Third Place, Women's Chen Style Tai Chi

Third Place, Women's Yang Style Tai Chi

From New Orleans:

Dominic Namias

First Place, Kids Shaolin Kung fu

Jacob Namias

Second Place, Kids Shaolin Kung fu

Terrell Edwards

Second Place, Kids Shaolin Kung fu

George Lunsford

Second Place, Men's Shaolin Kung fu

Second Place, Men's Staff Sets

From Houma:

Courtney Bordelon

Second Place, Female 60kg division
Sanshou kickboxing

Dustin Carbajal

Third Place, Male 65 kg division
Sanshou kickboxing

From Miami, FL:

Mark Trillos

Third Place, Male 70kg division
kickboxing

Dear Students, Families, Friends and Sponsors;

I, on behalf of East West Cultural Exchange Foundation, Life Intelligence University International (LIU International), Shi Deru Shaolin Institute and USA National Kungfu- Sanshou Team would like to sincerely thank all the people and organizations that support and sponsor the US National Kungfu- Sanshou Team. Your sponsorship was vital in two ways: First, it helped the team to be able to participate in this “Greeting Olympic Games Cup”, but it also assisted the entire East West Cultural Exchange delegation’s efforts to promote a multicultural and multiracial education exchange program in order to promote better understanding between the people of the U.S. and the people of China.

With your help, our local men, women, boys and girls who served as USA Kungfu-Sanshou National Team did not disappoint in the pre-Olympic tournament held March 7-10, 2008 in Hong Kong. With over 50 other nations and regions and over 3300 competitors present, the group comprised of New Orleans natives Terrell Edwards, Dominick Namias, Jacob Namias, and George Lunsford, in addition to Mobile natives Wolf Melzer and Deforest Dennis, placed second overall in Group Choreographed fighting performance, while Dominick Namias, Wael Mohamed, Deforest Dennis and Wolf Melzer won 4 gold medals respectively in Kungfu, Kickboxing, Kungfu and Taiji fighting forms. Overall, they brought home 21 medals in honor of the USA.

Following the “Greeting Olympic Games Cup” in Hong Kong, the US team along with a delegation of health conscious professionals, team supporters traveled together with US-Chinese TV Crew and local hosts. Together they visited many Chinese families, schools, temples and universities from which they learned more about the ancient country of China and cultivated a much better understanding of its people. They went through many big cities such as Hong Kong, Beijing and Shanghai and climbed two major mountains, Song Shan and Yellow Mountain Peaks (Lian Hua Feng, 1,864 m). For 3 weeks, they encountered many life challenges and tackled numerous difficult situations. They came out of China with not only great knowledge but some incredible and unique life experiences.

We indeed appreciate your support in making this US team not only a winning team at the “Greeting Olympic Games Cup” but a good diplomatic, interpersonal cultural exchange delegation. Besides helping the team alleviate some of the expenses of uniforms and training, your generous contributions also helped to provide our US team with partial travel and hotel expenses during and after the games in China.

With your continued support in the future, we will strive to achieve our goals in not only succeeding in international events but also helping our local community in various ways: 1) in leadership training to help children learn respect, discipline and develop character; and 2) in health and wellness training to cultivate our bodies and minds.

With deepest gratitude,
Shifu
Shawn Liu